

Bottles, Open Top Cups And Teeth

Prolonged bottle feeding poses oral health risks for children, even if it seems harmless!



- Comfort sucking from a bottle on sweetened drinks causes tooth decay in young children. Drinks flow very slowly through a teat, which means the sugary substance will be in contact with their teeth for longer.
- One of the biggest causes of tooth decay is giving a baby/child a bedtime bottle.
- Sugars that naturally occur in milk and juice pool around your child's teeth making them susceptible to decay.
- The development of your child's muscles, mouth, and palate are all affected by the way that babies suck on bottles.
- Long term baby bottle use can cause incorrect position and alignment of the teeth meaning orthodontic treatment may be needed.

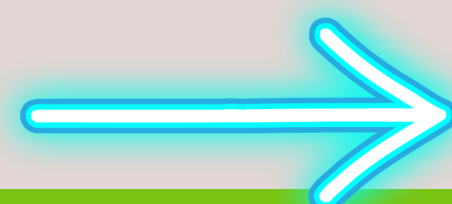
What can you do?

- Never put anything other than water or milk in a bottle.
- Following milk from a bottle, offer a sip of water.
- If a child uses a bottle before bedtime, brush teeth afterwards.
- Introduce an open top or free flow cup from 6 months.
- It might be messy at first but be patient, your baby will gradually learn how to drink from an open cup.
- Offer sips of water with a meal.
- Discourage the use of bottle from 1 year.



The DOIDY Cup was scientifically designed with its unique slant to teach children drink from a rim and NOT a spout.

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